

MAPS – a Magic Angle Positioning System for Enhanced Imaging in High-Field Small-Bore MRI

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The “magic angle” MRI effect can enhance signal intensity in aligned collagenous structures oriented at approximately 55° with respect to the main magnetic field. The difficulty of positioning tissue inside closed-bore scanners has hampered magic angle use in research and clinics. An MRI-conditional mechatronic system has been developed to control sample orientation inside a 9.4T small bore MRI scanner. The system orients samples to within 0.5° and enables a 600% increase in tendon signal intensity.

Keywords: Magic Angle Effect, Magnetic Resonance Imaging, MR-conditional, MR-safe

1. Introduction

The signal intensity obtained during MRI scans depends on a combination of natural factors (e.g. T1/T2 times, proton density, field inhomogeneity) and scan parameters (e.g. repetition time/echo time (TR/TE), flip angle) (1). In highly ordered tissues, water molecules are somewhat restricted in their movement, causing increased spin-spin interactions. These interactions reduce transverse relaxation times (T2), reducing signal intensity at a rate proportional to $3 \cdot \cos^2(\theta) - 1$, where θ is the angle between the primary magnetic field (B_0) and the direction in which the spins are coupled (1,2). By choosing a signal reduction of 0% (i.e. the maximum signal intensity) the equation returns $\theta = 54.74^\circ$, frequently simplified to 55°. This angle is referred to as the “magic angle” and the increase in Signal-to-Noise Ratio (SNR) is known as the magic angle effect (2,3).

Utilizing this effect, it is possible to obtain high-quality images of fibrous microstructures (3,4). With a small-bore scanner, high-resolution images comparable to histology are obtainable without damaging tissue, allowing analysis of living tissues and comparison between in vivo and ex vivo samples (5,6). Use of a small-bore, high-field scanner provides an improved signal-to-noise ratio over clinical scanners, delivering a boost in image quality useful when performing functional MRI, microscopic MRI, or other procedures requiring a high resolution in a small field of view (5,7,8).

While MRI provides excellent image quality, complications present themselves when developing peripheral devices for use in MR environments for basic and translational MRI research (9-11). Safety concerns for MR-conditional

devices prohibit certain materials from being used in their design (12). The intense magnetic field eliminates ferro-/paramagnetic materials from design consideration. After safety considerations are met, image quality concerns must be considered; any component which functions based on electromagnetic principles can cause image artifacts (9,13,14). In particular, small-bore scanners present difficulties in mechanical design for any application requiring actuation inside environments where space is at a premium.

Taking advantage of the magic angle effect requires precise positioning and orientation of the sample, as demonstrated in the results; a 5° difference in orientation decreased intensity by almost two-thirds (2-4). The goal of the presented MAPS is to streamline the iterative process required for imaging fiber tissue structure using the magic angle effect, where precise adjustments are needed repeatedly for magic angle effect to be taken place at different segments of the tissue of the interest. Precise rotation of the sample by a motorized stage could allow the sample to be within the image field of view for comparison without repositioning of the tissue sample and the imaging coil. Thus, we have developed an MR-conditional mechatronic system for positioning and orienting samples inside a 9.4T small bore MRI scanner. Our goal with this manuscript is to describe this device, discuss the design requirements, present validation data and demonstrate its use.

2. Materials and Methods

2.1. Design specifications

Any device designed to operate in the MRI environment must be safe in the high-strength magnetic field, which can be

accomplished by using non-magnetic materials in the device’s design. While non-magnetic metals may be safely used inside the scanner, those materials with high magnetic susceptibility can produce magnetic field inhomogeneity and image artifacts that may negatively affect image quality and provide image voids (13,15). To satisfy both safety and image quality considerations, our MRI sample positioning platform was designed and fabricated entirely from acrylonitrile butadiene styrene (ABS, a type of thermoplastic) components. Spatial restrictions were also important. The positioner would be used in a small-bore horizontal MRI scanner with inserts which limited the effective bore diameter up to 11cm. Tissue samples

were placed on a 6cm diameter turntable and contained inside test tubes. To meet the positioning needs of the current projects, the accuracy goal for the device’s turntable orientation was positioning error at or below 0.5°.

The specification of positioning resolution was established by consulting the collaborating radiologist and MRI physicist on the project team. The magic angle effect has been adopted clinically to enhance the contrast and SNR of tendinous tissue in MR images (16-18), and from the literature, the clinical protocols for positioning the tissue of interest use a positioning accuracy of 1°-5°. Therefore, a goal of 0.5° positioning resolution is enables the practical use of the device for fast and repeatable positioning in magic angle related studies. Use of a motorized sample positioning platform allows adjustment of sample position to be performed while maintaining the position of the sample stage and MR coils and eliminating the need for repeated movement of the gantry in and out of the bore, streamlining procedures in which multiple adjustments need to be made. Additionally, misalignments when initially loading samples can be compensated for once initial scans have been taken.

2.2. Overview of the Magic Angle Positioning System

The Magic Angle Positioning System (MAPS) is composed of three primary components: the computer interface, the control box, and the sample positioning platform (Figure 1). The computer interface provides selection of control modes and angular information. The control box, placed 2 meters from the scanner gantry, houses the valves, fiber optic circuitry, and other electronics necessary to operate the MAPS. The sample positioning platform utilizes pneumatic power to rotate samples inside the bore of the scanner. Additionally, a connecting cable between the control box and the sample positioning platform was assembled.

The computer interface, programmed in LabView®, provides a Graphical User Interface (GUI) for operating the MAPS. Operators may choose between either manual or automatic positioning modes, depending on preferences and application. Manual control provides the operator with the

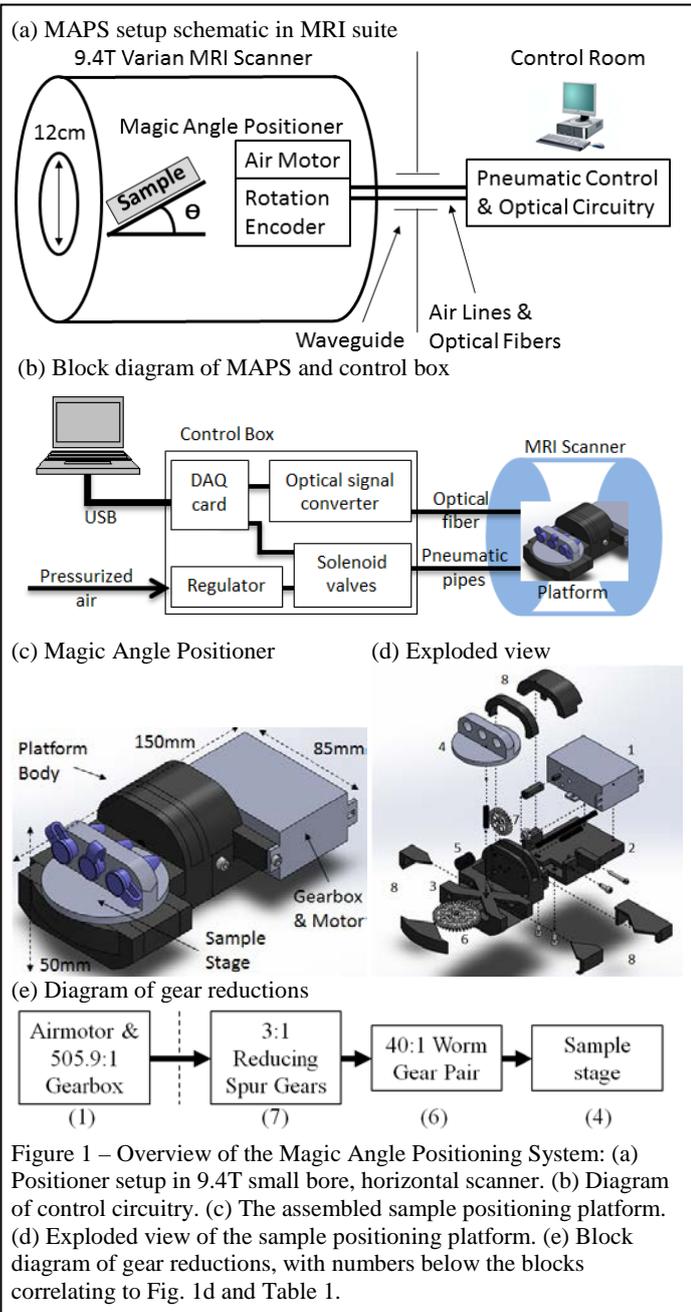


Figure 1 – Overview of the Magic Angle Positioning System: (a) Positioner setup in 9.4T small bore, horizontal scanner. (b) Diagram of control circuitry. (c) The assembled sample positioning platform. (d) Exploded view of the sample positioning platform. (e) Block diagram of gear reductions, with numbers below the blocks correlating to Fig. 1d and Table 1.

Table 1 – Sample Positioning Platform Components (from Fig. 1d-e)

#	Component	Dimensions, etc.
1	Motor & Tamiya Gearbox	68x45x27 mm
2	Gearbox Support Body	72x80x30 mm
3	Sample Stage Support Body	85x80x45 mm
4	Sample Stage	Ø55x24 mm
5	Sample Stage Gear	Ø42 mm (40 teeth)
6	Worm Gear	16 mm (3 teeth engaged)
7	Spur Gear Pair	3:1 (24:8 teeth)
8	Assorted Covers	6 different covers

choice to rotate the sample platform either clockwise or counter-clockwise. Automatic positioning allows the computer to position the sample platform using a proportional control (19).

The control box is an aluminum enclosure to ensure it is MRI-conditional. The computer interface connects to a National Instruments USB-6009 digital acquisition card, which controls a motor driver and collects signals from a fiber optic kit. The dual H-bridge motor driver (Sparkfun, ROB-09670) provides the power necessary to operate a pair of solenoid valves (ALCON, 01AA031B1-4PCA) which control the airflow that powers the pneumatic motor. The fiber optic kit (Carl's Electronics, CK1500) relayed the rotation of the sample platform. The connection between the control box and the positioning platform consisted of four 1mm fiber optic cables and a pair of 2.8mm ID plastic pneumatic pipes, both of which were outfitted with quick-connect fittings to facilitate ease in transportation and assembly.

The positioning platform (Figure 1c) was comprised of 3-Dimensional (3D) printed ABS plastic parts and commercial plastic components, and consisted of two separate sections. The first was a motor housing to hold the pneumatic motor (Figure 1d), the fiber optic supports, and the initial 505.9:1 Tamiya gearbox (TAMIYA Inc., 72005). The second section shifted the axle down and laterally through a 3:1 spur gear combination, then into a 40:1 worm gear (Fig. 1d-e). A pair of sample holders was also 3D printed: the first was a flat platform with a ring of holes to act as attachment points for adaptability, while the second could secure samples contained in micro-centrifuge tubes. Due to being constructed entirely from plastic components, pneumatic actuation, and encoding rotation via optical fibers, a complete lack of electrical components in the platform was achieved, eliminating image fidelity concerns and safety issues due to electrical interference.

2.3. Platform Testing with MRI-Conditional Miniature Airmotor with Integrated Encoder

The MRI environment imposes huge challenges for electromagnetic (EM) actuators. The static magnetic field, as well as the Radio-Frequency (RF) pulses and switched-magnetic-field gradients applied during imaging, interfere with the normal operation of electronics. Additionally, an EM actuator used in the MRI scanner room can degrade image quality due to EM noise emission (20-22). For these reasons, we developed the capability to accurately control a nonmetallic pneumatic actuator (Fig.2a) which can match the form factor of hobby DC motors (2.4 cm in diameter and 2.7 cm in height, Fig. 2b). A pair of fiber optic lines passed through the body of the motor to encode rotation. A pair of beam-interrupting arcs extended off the main shaft of the turbine rotor, providing a

single period of quadrature encoding per revolution with an angular resolution of $\pm 90^\circ$ (Fig.2e). Compressed air drove the turbine, after which a 60,708:1 gear reduction was accomplished via a 505.9:1 reducing gearbox, a 3:1 spur gear pairing, and a 40:1 worm gear. Plastic ball bearings with polyacetal races, glass balls, and nylon cages were added to the air turbine shaft to reduce friction. Control of the airmotor was accomplished with solenoid air valves, which limited the dynamic response of the control system; this drawback was overcome by controlling the motor with proportionally smaller pulses of air as the motor neared its goal position, timed such that the motor completely stopped before the application of the next pulse. A deadband halted the application of pressure once

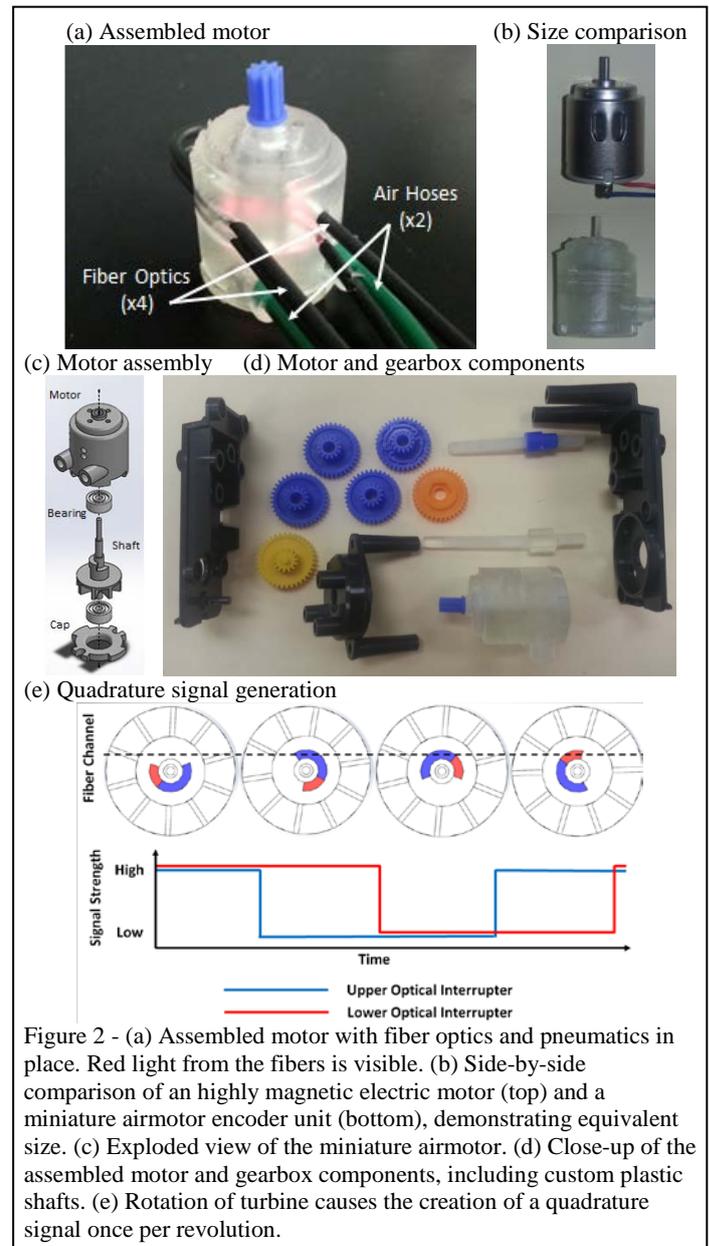


Figure 2 - (a) Assembled motor with fiber optics and pneumatics in place. Red light from the fibers is visible. (b) Side-by-side comparison of an highly magnetic electric motor (top) and a miniature airmotor encoder unit (bottom), demonstrating equivalent size. (c) Exploded view of the miniature airmotor. (d) Close-up of the assembled motor and gearbox components, including custom plastic shafts. (e) Rotation of turbine causes the creation of a quadrature signal once per revolution.

within an acceptable error range. The development of this motor is an improvement over previous MR-compatible pneumatic motors, which lacked an integrated quadrature system, instead relying on MR registration or external encoders for position information (18).

The completed system was first tested outside the scanner to ensure accuracy and determine the motor's load capabilities for further testing. Platform accuracy was quantified with a quadrature encoder generating 1024 pulses/revolution, giving a resolution of 0.088° (YUMO Corporation, E6B2-CWZ3E). Unloaded trials at different pressures were used to quantify system accuracy by rotating the output shaft by a specific amount. Loaded trials demonstrated the platform's performance, measured by loading the output shaft of the of the platform in 50g increments from 0g to 500g until the current pressure was incapable of generating the force required to actuate the platform. Trials varied the pressure from 20 to 40 PSI.

2.4. Image Acquisition

The MAPS facilitated a series of imaging tests of fibrous tissues using loaded and unloaded ovine Achilles' tendons embedded in agarose gel. System calibration was conducted during the tissue localization scan. Once the initial scan was conducted, the offset angle between B_0 and the principal axis of the tissue sample is used to initialize tissue position and updated when the platform is rotated. Measuring the impact the positioning platform exerted on MR images was performed in a 9.4T Varian/Agilent horizontal MRI scanner, used due to its ability to produce high-resolution images when studying the magic angle effect in a small tissue sample. Two-dimensional high-resolution multi-slice spin echo pulse sequences were used with repetition time = 1000ms, echo time = 13.2ms, and in-plane resolution 60x60 μm^2 .

Specifications for defining and measuring artifacts were taken from ASTM standard F2119 (23), based on the parallels between unpowered MR-conditional implants and the unpowered sample platform. Image quality and SNR were evaluated in three conditions: MAPS absent, powered up and down (Fig. 4). A cylindrical phosphate buffered saline phantom was imaged with a standard multi-slice spin echo sequence. The SNR of the image with only the phantom was computed using the formula

$$\text{SNR} = \mu/\sigma \quad (1)$$

where μ is the mean signal in the 9mm x 9mm region of interest (ROI) in the image center of the phantom (ROI-1) and σ is the standard deviation of the signal in the 9mmX9mm ROI at the right top corner of the image (ROI-2).

Tendons were initially scanned with their primary orientation parallel to the main magnetic field B_0 . Defining this as relative 0° to B_0 , the samples' rotations were incremented up to the magic angle (~55° relative to B_0), and continued to 90° relative to B_0 . Using the standard deviation of surrounding agarose gel as the reference measurement for noise, the signal intensity resulting from the magic angle is measured as the SNR of target structures relative to the surrounding gel.

3. Results and Discussion

3.1. Platform Accuracy

The magic angle platform was operated in the pressure range of 20 to 40 PSI. Figure 3(a) shows the positioning error in for different target angles and pressure levels. The magic angle platform demonstrated a maximum error of 0.27° as shown in Figure 2(a), a mean error of 0.020°, and a standard deviation of 0.073° for rotation from all the error measurements (n=180).

Figure 3(b) shows the magic platform under varying load conditions. Load conditions were tested by operating the platform from the initial position of 0° (parallel to the B_0) to the magic angle of 55°, during which average speed, measured position, and actual position were recorded. While maximum positioning error over all conditions (pressure, target, and load) was 0.27°, all but one condition resulted in error within 0.18° of the target. The termination of each pressure condition represented the final load which the system was able to actuate before being unable to generate the requisite torque. Fig. 2(b) demonstrates a linear performance of the motor speed versus the delivery torque under air pressure from 20 PSI to 40PSI, where the motor speed increased with the air pressure level.

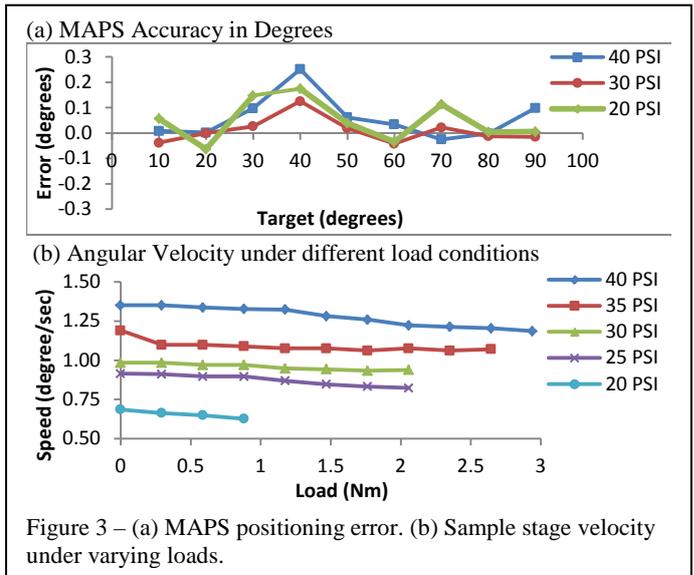
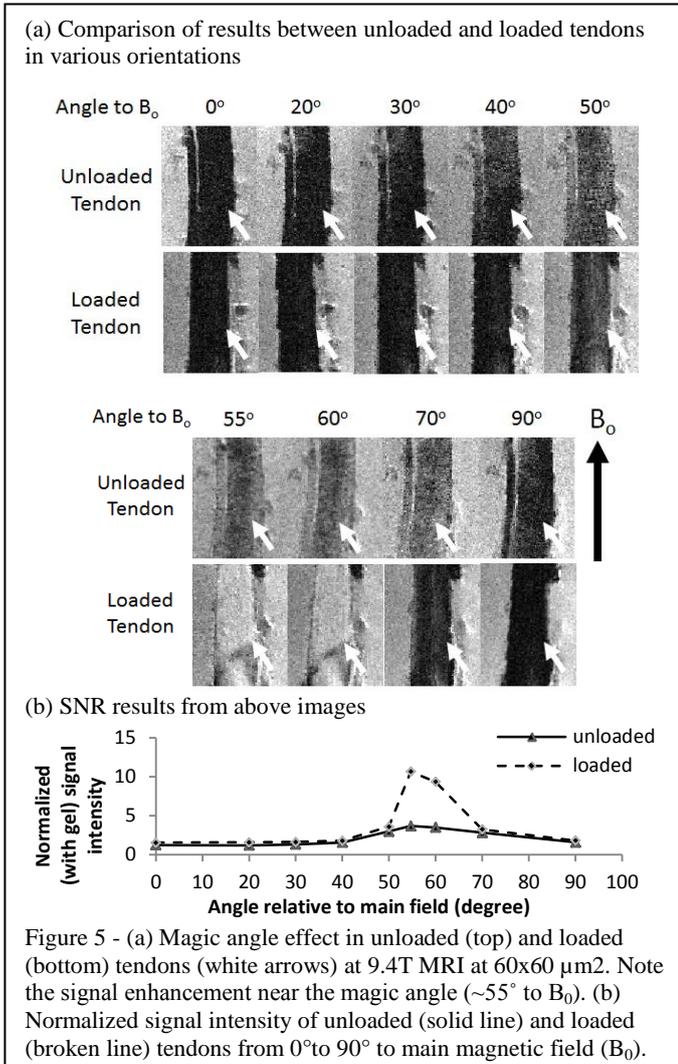
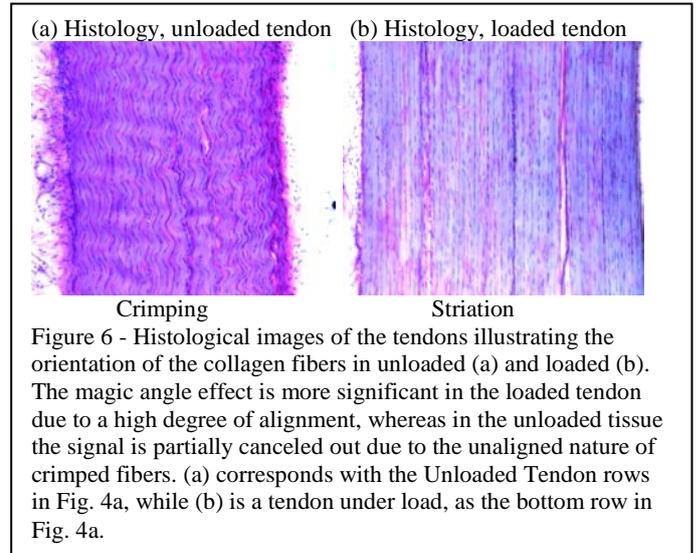
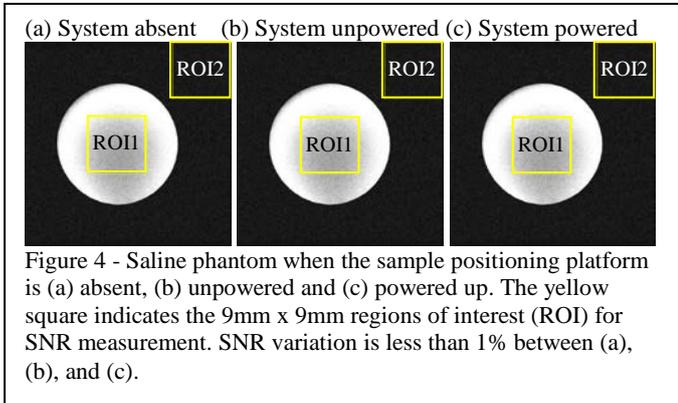


Figure 3 – (a) MAPS positioning error. (b) Sample stage velocity under varying loads.

3.2. MRI Compatibility

The results of SNR validation experiments are displayed in Fig. 4; less than 1% SNR difference between the three conditions, demonstrating minimal effect from the system to the MRI images (24,25); no observable image artifacts existed when MAPS was present.



3.3. High-field Magic Angle Enhanced MRI of Tendon

The results in Figure 5 show an increase in relative signal intensity as both loaded and unloaded tendons draw near to the magic angle. As shown in Figure 5, an unloaded tendon had an increase in signal intensity at the magic angle of about 200% relative to that at 0° to B_0 , whereas a loaded tendon had a greater signal intensity increase, up to approximately 600% relative to that at 0° to B_0 . Normalized data is shown quantitatively in Figure 4b. SNR for signal intensity measurements was calculated with the same method as the MRI compatibility tests.

The undulating pattern of the collagen fibers in the unloaded tendon samples, known as “crimping” (26,27), shows up strongly near the magic angle as light and dark bands perpendicular to the main orientation of the tendon. Similarly, the striated patterns of the loaded tendon were most pronounced near the magic angle (Figure 5a, 55°), consistent with the stretch of the collagen fibers and disappearance of the crimp observed in MR images and in histology (Figure 5a, 6a) (6).

The MR signals were higher in loaded than unloaded tendons near the magic angle by a factor of 2 to 3 (Figure 5b). This is, in part, because in loaded tendons, the collagen fibers are more aligned with one another, longitudinally to the tendon (28). This explains the increased signal at the magic angle, but not the slight increase in signal in loaded tendons at other angles. This could be because in highly ordered, collagen rich fibrous tissues, bound protons are subject to spin-spin interactions within a static magnetic field. An increase in the distance between protons in tendons, caused by stretching during loading, may reduce the spin-spin interactions and increase signal strength (6). Another possible explanation lies

in the release of water, which was bound within the tendon prior to loading, altering the T2 relaxation time constant (29).

4. Conclusion

A high-field, small-bore MRI-conditional positioning system was developed using a miniature pneumatic motor, intended to facilitate Magic Angle-related experiments evaluating microstructures in fibrous tissues for basic and translational MRI research. The hardware and software were designed to provide a simple and accurate solution (max error $<0.5^\circ$) for studying magic angle effect in fibrous tissues within a high-field and small bore MRI scanner. The hardware for the intra-scanner component contained a unique motion-encoder unit in conjunction with a reduction gearbox to accomplish highly accurate positioning of a sample platform for studies. The positioning platform demonstrated high levels of accuracy, positioning diminutive fibrous tissue samples in a small-bore scanner without the need for manual adjustment. Furthermore, the total lack of metallic components or electrical signals permitted high-resolution imaging free of image artifacts and radiofrequency electromagnetic interference. The use of custom 3D printed pneumatic actuators and encoder components drove the cost of the system down.

Validation of the system as a research tool was performed in unloaded and loaded tendon samples in which images demonstrated 200%-600% increase in SNR using the system. With the positive results generated, this system has demonstrated its practical usability in magic angle studies and other experiments that requires precise positioning within high-field small bore MRI scanners.

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6. Disclosures

The authors have no disclosures to declare.

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